

About Us

Corumbene Care is a community based not for profit service established in 1966. It is overseen by a Board of management and provides a range of health services including residential; housing solutions; and community care.

Primary Health Tasmania has commissioned Corumbene Care to deliver services that improve the health outcomes of people with chronic conditions in the following local government areas

- Central Highlands,
- Derwent Valley
- Southern Midlands.

There is no age restriction to be part of this program.

This program is supported by Primary Health Tasmania under the Australian Government's Primary Health Networks Program.

Corumbene Care Rural Primary Health Program Contact Details

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CORUMBENE CARE RURAL PRIMARY HEALTH PROGRAM

Information and support to manage your condition

Care within your home and community

Promoting independence

Improving your health and well-being

Accessing health care services



What is the Corumbene Care Rural Primary Health Program?

If you have one of the following conditions:

- circulatory and heart disease (cardiovascular disease)
- chronic lung disease (including COPD and asthma)
- musculoskeletal disorders

We will help you:

- ⇒ better understand and manage your health
- ⇒ set realistic goals to improve your wellbeing
- ⇒ access the services you need to support you at home

How much will it cost?

There is no cost to register for the program.

There may be some telephone costs if you use the tele-monitoring service.

No one is excluded from the program because of their financial status.

A Team Approach

We will work with your GP practice and other local health services to ensure you receive the best care possible.

If you need allied health services, such as a Social Worker, Occupational Therapist or Physiotherapist we will help you access these services, where possible.

We will work alongside Diabetes Tasmania to improve the health of people with diabetes.

Tele-monitoring

You may be offered equipment to monitor your condition. The nurses will be able to see your readings on a screen at Corumbene Care and address any problems that may arise.

Signs we can see include blood sugar levels, temperature, blood pressure, weight and respiratory function.



How will this program help me?

We aim to:

- improve your overall health and wellbeing
- provide you with the knowledge and tools to better manage your condition at home
- quickly pick up changes in your health that may need a change in treatment
- reduce your need to go to hospital or emergency department

Our goal is to keep you

- as independent as possible
- in your own home and local community